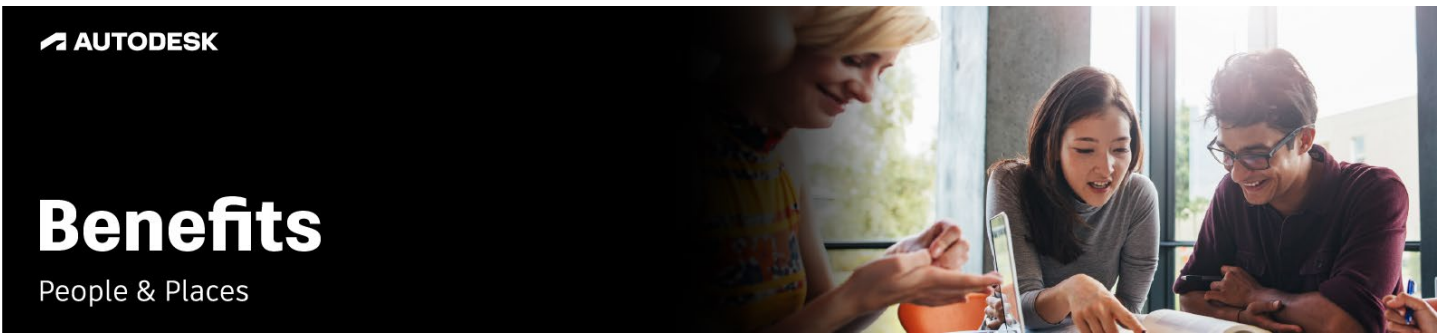


# Benefits

People & Places



## Coverage for UnitedHealthcare (UHC) Members Traveling Outside the US

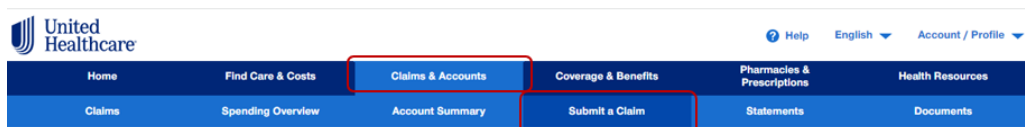
When you are on personal travel outside the United States, you can rest assured that your UHC coverage travels with you. Just be sure to take your UHC ID card when you go!

Should you have a medical emergency while you're away from home, you should visit the nearest facility to seek treatment. If you are hospitalized, you should notify UHC as soon as practicable by calling the number on the back of your ID card.

**For the HDHP and PPO plans only:** Routine care, preventive care, and prescriptions obtained outside the US may also be covered, subject to the non-network eligibility, exclusions, deductible, and coinsurance provisions outlined in the plan document. This does not apply to the EPO plan, which covers emergency situations only.





You will need to pay for the expense in full and then submit the claim to UHC to be reimbursed. This can be done by following the steps below:

1. Log in to your account on the [myuhc.com](https://myuhc.com) website.
2. Click on Claims and Accounts > Submit a Claim > Start a claim.
3. Respond to the questions and prompts to complete your claim online.



### What type of claim would you like to submit?

Choose a claim from the list below

|  |  |  |  |
|--|--|--|--|
|  <p><b>COVID-19 at-home test</b><br/>For purchase of at-home test kits<br/>(Not for tests given by a provider)</p> <p>Start a claim <a href="#">↗</a></p> |  <p><b>Medical</b><br/>For qualified services and purchases including foreign care, professional COVID testing, DME, physical therapy and more</p> <p>Start a claim <a href="#">↗</a></p> |  <p><b>Mental Health</b><br/>For provider visits, substance use treatment and other services</p> <p>Start a claim <a href="#">↗</a></p> |  <p><b>Prescription drugs</b><br/>For prescriptions covered through your Optum Rx plan</p> <p>Start a claim <a href="#">↗</a></p> |
|--|--|--|--|

Once your claim is received by UHC, it will be processed as an in-network claim, in accordance with the plan rules and subject to any applicable deductible and/or coinsurance. Please allow 30 to 45 days for the processing of your claim from the time UHC has received all the information they need to process your claim.

If you have any questions about out-of-country coverage or the claims process, you can call the number on the back of your ID card.